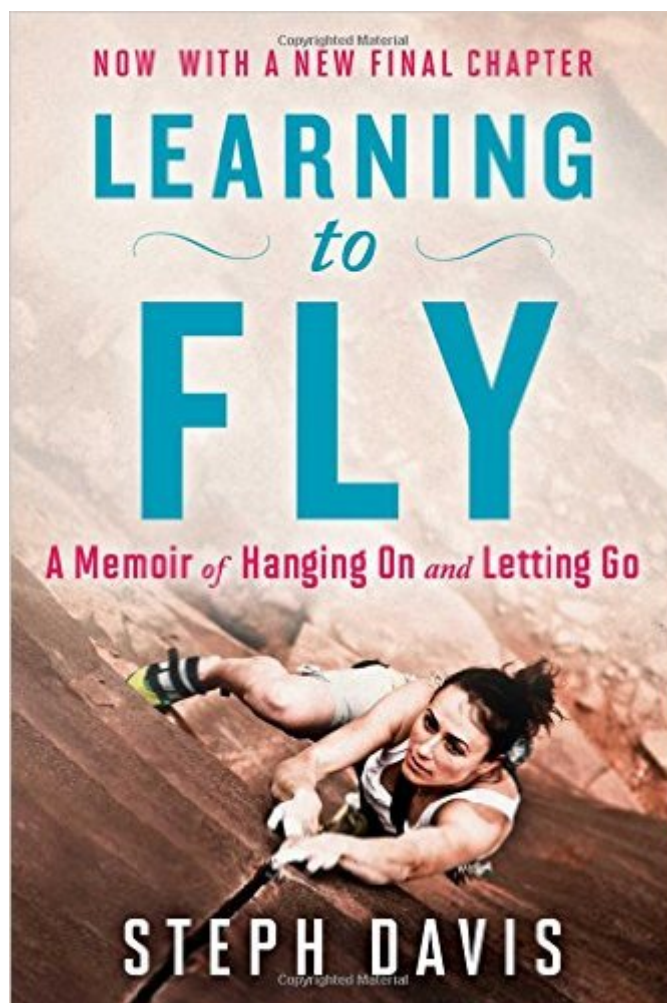


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# Learning To Fly: A Memoir Of Hanging On And Letting Go



## Synopsis

WITH A NEW EPILOGUE BY THE AUTHOR World-class free climber Steph Davis delivers a thrilling and infectiously interesting (San Francisco Book Review) memoir about rediscovering herself through love, loss, and the joy of letting go. The paperback includes a new epilogue in which Davis shares how her husband's tragic accident has affected her relationship to climbing and flying. Steph Davis is a superstar in the climbing community and has ascended some of the world's most awe-inspiring peaks, but when her husband makes a controversial climb in a national park, the media fallout and the toll it takes on her marriage suddenly leaves her without a partner, a career, a source of income... or a purpose. In the company of only her beloved dog, Fletch, Davis sets off on a search for a new identity and discovers skydiving. Falling out of an airplane is completely antithetical to the climber's control she'd practiced for so long, but she perseveres, turning each daring jump into an opportunity to fly, first as a skydiver, then as a base jumper. As she opens herself to falling, she also finds the strength to open herself to love again, even in the wake of heartbreak. And before too long, she meets someone who shares her passion for living life to the limit. With gorgeous black-and-white photos throughout, *Learning to Fly* is Davis's fascinating account of her transformation. From her early tentative skydives, to zipping-up her first wingsuit, to surviving devastating accidents against the background of breathtaking cliffs, to soaring beyond her past limits, she discovers new hope and joy in letting go.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (49 customer reviews)

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## Customer Reviews

I found this book to be very enjoyable yet gripping at times. There's adventure, there's humor,

there's pet's, who doesn't like that ?...If you're a climber/skydiver/Base jumper I think you will enjoy this book...If not,...I think you're still in luck.This book had no trouble holding my attention. I rapidly tore through it, finding it very difficult to put down. If you're a climber or retired climber you will especially appreciate the climbing sections. While reading the free soloing sections I almost felt as if I was there....my heart would race a bit and I found my hands sweating....I'm still not sure if the anxiety I felt while reading was due to fear for her (despite her great talent and meticulous preparation) or that it just reminded me of various dicey situations I gotten my own self into on climbs years ago where I thought my doom was imminent ! ;-).. ... She goes in detail on her mind set and preparation for such climbs which I found great reading....and certainly could be applied to other facets of life...As for the sky diving, BASE jumping and wing suit flying ,...none of which I knew anything about,...I thought the author did a great job of explaining the process of getting involved in such endeavors. It was exciting to read as she rapidly progressed. I would think this would be great required reading for someone thinking of pursuing these sports... Wing suit videos are all over the internet,..but it was nice to read about some of the nuts and bolts and what it really takes to get going in that sport.....Again,... while reading the author does such a great job of describing everything,..you feel like you are there falling through space along with her....I bought authors earlier book, "High Infatuation" with this and recommend reading it first.

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